



Linda Train

September 4, 1939 - July 29, 2021

Linda Mae Train of Cape Girardeau, MO passed away July 29, 2021, after a courageous five-year battle with ALS. At the time of her death, she was surrounded by the love of many family members. She was born in Lindsborg, KS to Leo and Signe Anderson Larson on September 4, 1939. Linda was lovingly raised by her maternal grandmother, Esther Marie Peterson Anderson. She married Dr. Carl Train in July of 1960 (divorced in 1993), and they raised three children together after moving to Cape Girardeau in 1967.

Linda had many different jobs over the years, all involving customer service and helping others. Her pleasant personality impacted everyone she met, whether it was helping brides-to-be pick out fine china at Hale's Fine Jewelry or assisting customers at Fantasticks to find the perfect gift. She began her employment at Southeast Hospital in 1995, first as a dispatcher for the Meals on Wheels program, and then moving to the Lobby Desk where she coordinated Volunteer Services. Linda proudly received the Spirit of Southeast Award in 2002. She reluctantly retired in 2014 due to the onset of health issues.

She was a friend to all, and her passion in life was helping others. She took as much pleasure comforting a crying baby for a busy mom as she did helping someone navigate the halls of the hospital. Besides her work, she also enjoyed participation in the Tri Psi Mothers group and the Southeast Hospital

Auxiliary, volunteering many hours with these organizations. For most of her years in Cape Girardeau, Linda was a member of St. Mark Lutheran Church and belonged to the women's group, altar guild, and choir. Even as her health declined and she was residing at the Chateau, she continued caring for others by surprising the staff with little treats or candy and going out of her way to make other residents comfortable.

Her favorite job of all was being Mom and (Great) Grandma. She loved making chocolate chip pancakes or her famous toasted cheese for grandchild sleepovers (or anyone that stopped by), baking peanut butter cookies when someone came to visit, and overseeing the Chex Mix and "Grandma Dip" for parties and holidays. She was always generous with her time and talents: ready to babysit, sew/hem, or play taxi driver at a moment's notice. Linda was a master at laundry which benefitted her entire family (and others)! Seriously, she loved to do wash. She attended all the school and extra-curricular events that she could with the pride that only a Mom/Grandma could have.

She is survived by her three children: Sydney (Charlie) Herbst, Spencer (Kim) Train and Stacia (Charles) Ledbetter; seven grandchildren: Erin (Jared) Bieser, Allyson Wolff, Taylor (Chloe) Herbst, Travis Herbst, Claire Herbst, Shannon (Shay) Healy, Charlie (Alexis) Ledbetter; and six great grandchildren: Ethan and Jesslyn Bieser, Piper and Beau Healy, and Carter and Calvin Herbst.

The family will have a private celebration of life at a later date.

Memorial donations may be made to The Cape Girardeau Senior Center, 921 Clark St., Cape Girardeau, MO 63701 or the Amyotrophic Lateral Sclerosis Association at als.org/donate or ALS Association, St. Louis Regional Chapter, 1950 Craig Road, Suite 22, St. Louis, MO 63146. The family would like to thank the staff at Chateau Girardeau (in particular Trish, Beverly, Billy,

LaDonna and Jennifer) and Dr. Michael Jedlinski for the wonderful care they provided.

Crain Funeral Home and Cremation Service of Cape Girardeau has been entrusted with the arrangements.

Tribute Wall



“ *Linda Train*

October 23, 2023 at 06:26 AM



“ *Condolences for her family: children, grandchildren and great-grandchildren, she will be missed. We became friends at SE Hospital many years ago. She was a bundle of energy and a very determined lady. I have found memories of our chats. She was always proud of her children and grands. Sending my sincere sympathy. Barb McKeon*

Barb McKeon - August 08, 2021 at 04:58 PM



“ *My deepest sympathies go out to Sydney, Spencer and Stacia. Though I didn't know Linda personally, from reading her obituary I see she was a wonderful person, and the world was made a better place because of her. God bless the many wonderful folks that she leaves behind!*

Tim Ward - August 06, 2021 at 09:00 AM



“ *My condolences on the loss of your mother. Sydney, I never had the pleasure of knowing her, but reading your mother's obituary, I see her caring, compassionate nature living on with you. Working with you, I always saw you as your mother is described. May good memories of your mom help ease the pain of loss for you and all the family. Sincerest sympathy, Cathy Evans*

Cathy Evans - August 05, 2021 at 11:11 AM

SY

“ I have many happy memories of Linda when we attended St Mark Lutheran church as well as when she greeted me as I entered Southeast Hospital. Linda was always cheerful and helpful I am remembering her with a smile. Shirley Young

Shirley Young - August 05, 2021 at 01:45 AM

KB

“ Our thoughts and prayers are with you all...may the wonderful memories you have of your mom warm your hearts and bring comfort in the coming times....hugs

Kathie and Calvin Brennan

Kathie Brennan - August 04, 2021 at 01:24 PM

CJ

My deepest sympathy to Linda's family. I first met Linda at Southeast Hospital while working on putting together food trays for Meals on Wheels. She was a joy to work with. Such a sweet lady. May you be comforted in the days and months ahead.

Carolyn Jansen - August 04, 2021 at 01:45 PM

BW

Linda was one of the sweetest people I know. She was a caring person and a loving mother and grandmother. My favorite memory is that Linda always made sure she had her lipstick on. It always made me smile when her family would joke about this but I never saw her without it. My thoughts and prayers to her family during this difficult time. She will be missed by so many.

Beth Wells

Beth Wells - August 04, 2021 at 03:20 PM

LZ

She was such a lovely lady. LouAnn Hays Zoffuto Midlothian, VA

LouAnn H Zoffuto - August 05, 2021 at 02:53 AM



We have fond memories. Linda organized my graduation party and baby shower. She was one of the first to hold my newborn children. We spent wonderful Thanksgiving celebrations together. So sweet and caring. Erika Scheibe with John, Andreas and Nina.

Erika Scheibe - August 11, 2021 at 02:20 PM